



Pamela Mehta, MD
Board of Directors & Founding Member

Dr. Pamela Mehta is a board certified orthopaedic surgeon in Northern California. I was accepted into the BA/MD program at the University of Southern California- I double majored in biology and religion during undergrad and then went on to complete my medical degree. I completed a 5 year orthopaedic surgical residency at Columbia New York Presbyterian hospital in NYC and have a passion for getting my patients back to their active lifestyle. I have been in practice for 10 years and 3 years ago I started my own solo private practice- Resilience Orthopaedics. I do surgery of the shoulders, knees, hips and hands. When I'm not working you can find me hanging out outdoors with my husband and 2 beautiful boys. We love to travel, ski, hike and explore new places. I am passionate about women's equality and empowerment and have been able to utilize Instagram as a way to advocate and educate.

Instagram: [@dr.pamelamehta](https://www.instagram.com/dr.pamelamehta)